

SPONSOR & CANDIDATE SESSIONS

Suggested Outline

Directions:

Sponsor, Please meet with your candidate regularly, minimum of three times, for no less than an hour each time. You can meet in each other's homes, at a restaurant, coffee shop, church, on Zoom. The choice is up to both of you.

The suggested format is as follows:

- **Before your first meeting, prepare yourself by reading the Loyola Press articles on Confirmation.**
- **Always PRAY for your Candidate – suggested prayer in packet**

Meeting #1

Sponsor Preparation before meeting with Candidate

- In the "***Faith to Faith***" Magazine read pages 2– 11 to prepare for Conversations 1 and 2
- Read through pages 1-2 of the "**A Prayer Guide for the Journey**" handout

Sponsor-Candidate Session #1

- Together complete pages 6-7 and 10-11 of the "***Faith to Faith***" Magazine.
- Together read through and discuss the prayers on pages 28-31 of the "***Faith to Faith***" Magazine. Share with each other if any one of the prayers feels better to you or "speaks to you" more so than any of the others. Then on the "**A Prayer Guide for the Journey**" handout page 2, look over the "More Ways to Pray."
- Share and discuss together times you each have used any of these prayers.
- Challenge each other to use one of the prayers on either of the resource pages above between now and the next time you meet. When you meet share with each other which prayer or *more ways to pray* you chose and why.

Meeting #2

Sponsor Preparation before meeting with Candidate

- In the "***Faith to Faith***" Magazine read pages 12-19 to prepare for Conversations 3 and 4
- Read through pages 3-4 of the "**A Prayer Guide for the Journey**" handout

Sponsor-Candidate Session

- Together complete pages 14-15 and 18-19 of the "***Faith to Faith***" Magazine.
- In the "**A Prayer Guide for the Journey**" handout pages 3-4, complete the "**What does Jesus say about God?**" Section.
- Share and discuss how these images compare and contrast with the images that you have had of God.

- Challenge each other to see God in everyday situations between now and the next time you meet. When you meet share with each other at least one instance where God showed up and surprised you.

Meeting #3

Sponsor Preparation before meeting with Candidate

- In the "***Faith to Faith***" magazine read pages 20-32 to prepare for Conversations 5 and 6
- Read through pages 4-5 of the "**A Prayer Guide for the Journey**" handout

Sponsor-Candidate Session

- Together complete pages 22-23 and 26-27 of the "***Faith to Faith***" Magazine.
- In the "**A Prayer Guide for the Journey**" handout page 4 Together complete "**What does Jesus say about loving our neighbor?**"
- Share and discuss how these images compare and contrast with the images that you have about loving your neighbor.
- Challenge each other to see God in each person between now and the next time you meet. When you meet share with each other at least one instance where God revealed himself to you through another person.

Final Notes:

- The "answer key" for all activities in the "***Faith to Faith***" Magazine is on page 32 of the "Faith to Faith" Magazine.
- **After your final meeting, together Sponsor needs to submit the Sponsor Evaluation & Recommendation Form Online by August 15, 2026.** Visit this web address to submit: tinyurl.com/confirmationOLIH

Your role as a Sponsor does not stop at the celebration of the Sacrament of Confirmation. Your relationship with your Candidate is a lifelong commitment. It is the hope of the Church (the community of the faithful), that you and your Confirmation Candidate will continue to grow in faith together. Lifelong faith formation is a journey that takes our entire life. It is our baptismal call and duty as Catholic Christians to make the Gospel words come to life to the world around us on a daily basis.

Thank you for your time and commitment in preparing your Candidate.

Randy Henderson
 Director of Youth Faith Formation
 Our Lady's Immaculate Heart Church